Community Art

Building the Immune system of Communities

About this Training:

Join us for a taste of "community art", a creative methodology that can strengthen the resilience of groups to establish and retain well-being. Community art within the Expressive Arts is designed to strengthen the 'immune system' of a group, helping to build connection and belonging. We believe that the arts and the act of poiesis support the creation of new social narratives and a culture of hope through art-making. Poiesis, defined by Stephen Levine, is "the capacity of human beings to respond to difficulty and suffering and to transform them through creative acts that bring beauty into the world.

This workshop will be experiential and include art making and group work that you can transfer into yor own work and context. All materiales will be provided.

Date: 04.-05.Juli 2022 (2 days)
Time: 10:00a.m. - 6:00p.m. (lunchbreak)
Place: Tübingen (place to be announced)
Cost: No Fee. (please find your own accommodation)
Course Language: English (basic knowledge)

*We request that every participant acts with mindfulness and respect in the shared space as we create safety for people from all backgrounds.

Email Elisabeth to register



Shabrae Jackson, a trained expressive arts facilitator and practitioner works in diverse communities internationally & domestically. Shabrae has in-depth experience implementing grassroots community-led projects and lived in Mexico for over 15 years. She is founder of Collective Tapestry, a group working to create playgrounds for exploration, weaving practices for healing through the arts.



Elisabeth Yupanqui Werner is one of the founding members of adis e.V. She is a trained expressive arts in Transition facilitator and practitioner and works with different empowerment-groups and communities in Germany. She works as a supervisor and coach (DGSv) with diverse teams and grassroots organizations in transformational processes towards social justice.

Gefördert vom
Bundesministerium für Familie, Senioren, Frauen und Jugend
im Rahmen des Bundesprogramms
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